

**NICOTINE ANONYMOUS INTERGROUP
MINUTES for January 19, 2003**

Minutes of the Southern California Intergroup of Nicotine Anonymous meeting held at White Memorial Medical Center,
1720 E. Cesar Chavez Ave. Boyle Heights, California.

1. Opening: Marc S. opened the meeting at 10:10 with the Serenity prayer.
2. Introductions: There were 21 attendees representing meetings 003, 008, 012, 016, 023, 047, 052, 063, 084, 085, 090, 093, 164, 186, 194, 231, 233, 234. Was your meeting represented?
3. Traditions: George L. shared on tradition 1, "Our common welfare should come first personal recovery depends on Nicotine Anonymous unity." Those who come to Nicotine Anonymous know that they have an addiction. Our success rate sometimes seems low because we face a formidable adversary. Those who succeed seem to have meetings in which everyone pulls together. You can see that in SCINA, with our picnic, retreat and "Carry the Message Day" coming up on February 1st. All these group activities are an example of putting our common welfare first.
4. Chairperson's Report: Marc S. wished everyone a Happy New Year. Marc has visited 7 meetings publicizing the World Services Conference in April and asking for meeting representatives to attend the SCINA meeting. The plaque for Beverly Hills meeting 001 is ready and he will present it in February. Liz T. has agreed to chair the Public Outreach Committee.
5. Secretary's Report: Steve H. read the minutes of the, December 15, 2002 meeting. They were corrected and it was moved and seconded that the minutes be approved as corrected. The motion passed unanimously.
6. Treasurer's Report: No report due to the excused absence of the Treasurer.
7. Seventh Tradition: The seventh tradition was observed.
8. Committee Reports
 - A. New Meetings: Gary M. reported he followed up on one kit sent out last month. He has started a new meeting on Tuesday night at Laguna Woods.
 - B. Public Outreach: Liz T. reported she placed a notice of "Carry The Message Day" in the magazine STEPS. She was assisted by Patience, a member who has past experience with account advertising. She recommends we not place future ads in Steps as we do not know the circulation of the paper and we are already mentioned in the magazine under self-help groups. She also placed a notice in the Toluca Lake Free press and the L.A. Times. In the absence of the Treasurer, Marc S. reimbursed Liz for the \$25 ad. Marc will request reimbursement from the Treasurer. Liz has scheduled a panel to go to Valley College to make a presentation of a class of persons preparing to be counselors. "Carry the Message Day" will be the first Saturday in February.
 - C. Hospitals and Institutions: Mary D. reported that although she had not intended to continue assisting with this committee, things seem to be just happening. Liz T. has arranged for the panel in the valley. George L. has taken the commitment in Bellflower for a year. So there are people working together that are making it successful. One person can't do it all. If you hear about a panel let us know and we will try to go for it. It was suggested that if you have a meeting in a hospital to be sure the information desk knows about the Nicotine Anonymous meeting and the difference between the meeting and the hospital smoking cessation program.
 - D. Communications: Mary D. reported she is surprised we have not received an influx of calls to the hotline as we usually do after the first of the year. We are, however, beginning to get people at our meetings who have heard of us on the internet.
 - E. Meeting Directory: Marc S. presented John H's report. There were meeting changes posted for meetings 016, 037, 154, 206. There was one new meeting, 234, Town Center on El Toro Blvd., in Laguna Woods. No meetings went dark. We need addresses for contacts for meeting 007 in Westwood, 154 in West Hollywood, and 232 in Palm Desert.
 - F. Literature: Ty K. submitted a financial and an inventory report for the literature. He has assembled the newcomer packets that we approved at the last meeting. It is a folder with 5 pamphlets and a business card. They are available for purchase for \$1.00. We are not stocking any smobriety chips over 30 years. If you need one let Ty know in

advance and he will get it for you. There was discussion of chip color. It seems the vendor is sending only blue and gray chips irregardless of what we order. It appears that all the year chips will be blue.

- G. World Service: Jan F. reported that World Services Conference is in April. There will be a Board meeting in January in San Leandro which is open to the membership if you are interested in attending. The new web site is almost ready to go live. It is very exciting. Meetings will be able to make meeting changes on the site and there will be all kinds of information and flyers posted. We will need to select delegates from SCINA 30 days prior to the conference.
- H. By Laws: Mary P. distributed the draft job descriptions for Committee Chairpersons and asked for comment.
- I. Events: Steve H. reported Carry the Message Day, will be February 1. It is a day when we try to distribute notices of our meetings and business cards in public places and professional offices in an area near our home or meetings to get the word out about our meetings. People are urged to go in teams to local churches, libraries and hospitals and anywhere they might have a bulletin board and get permission to put up our information.

There was brief discussion of location for the next picnic. El Dorado Park in Long Beach was suggested last year and San Pedro and Veterans Park in Redondo were also suggested. Steve requested a volunteer to coordinate the picnic.

Mary P. reported Mission San Luis Rey has had an opening and so we have been able to schedule the Nicotine Anonymous Annual retreat for June 7 and 8. We will need to secure the site by paying 10% down or \$185 for 25 persons, double occupancy. It was moved, seconded and approved to do so. Mary will bring a flyer to the February meeting.

Nick V. distributed the World Services Conference flyer and asked all representatives to take them to their meetings. He also distributed a list of all Conference committee officers. Please contact them to volunteer to serve on committees. Planning is going well. The speaker at the Sunday morning meeting will be our founder Roger F. We have received inquiries from Australia, Canada and the United Kingdom. Gary M. requested help on the Registration Committee to help at the Conference and with the mailings. Jenny Mc., chair of the decorations committee is developing ideas and would welcome any volunteers. George L. has 6 volunteers for the literature table and will bring a sign up sheet next month. He is asking people to staff the booth for a 3-hour period. The volunteer sign up sheet and conference registration form will be sent out with the January mailing. Doug, chair of the Marathon meeting is looking for meetings that will volunteer to host a 1-hour segment of the marathon meeting. Marc S. is working with merchandise. He will bring the T-shirt to the February Meeting so we can start selling them to our meetings attract interest. Marc will also take them to the meetings he is visiting. John N. has also agreed to underwrite Nicotine Anonymous caps. They will be sold at the SCINA table and Nicotine Anonymous will get the profit and John will get his cost back. If anyone has any ideas for merchandise we could sell please get together with Marc. The next meeting of the planning committee will be the first Sunday in February at Nick V.'s home at 10:00 am. Stella P. is rounding up volunteers for the hospitality suite. There will be a volunteer meeting in April to coordinate all volunteers. Just prior to the event.

9. Old Business

SCINA needs to select 15 delegates to the World Services Conference. Gary M. Jean L, John N. Roger F. Nicholas V. Joe S. Doug H., Jenny Mc, George L. Mary P, Marc S. Niles R. Ty K. These persons and 2 more will be approved at the February meeting. If anyone at your meeting is interested is serving as delegate come to the February Meeting

10. New Business: None

11. Birthdays: The meeting congratulated Patricia with 1 year, Emil with 13 years, and Judy with 1½ years nicotine free.

12. Commitments for the Next Meeting: Scott will present Tradition 2 at the February meeting and Marc S. will bring refreshments.

13. The meeting adjourned at 11:25 AM with the Serenity Prayer

Minutes as corrected at the February 16,2003 Meeting
Respectfully submitted Mary Polychrome, Secretary

Mary Polychrome