

Southern California Nicotine Anonymous
19744 Beach Blvd. #247
Huntington Beach, CA 92648

Minutes for Intergroup Meeting
November 21, 2004

1. Mary B. started the meeting at 10:10 am with the Serenity prayer.
2. The 25 attendees represented meetings: 1, 3, 9, 12, 23, 29, 46, 47, 84, 90, 93, 164, 185, 186, 194, 206, 229, 231, 234, 235 and 238. — WAS YOUR MEETING REPRESENTED?
3. Traditions: John M. shared on Tradition 11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, television and films.
4. Chairperson's Report: Mary B. welcomed all the new people attending the meeting.
5. Secretary's Report: Rosemary B. read the October 17, 2004 minutes. It was moved, seconded and approved to accept the minutes as corrected.
6. Treasurer's Report: Mary P. submitted the October report. The ending cash balance is 520.33. It was moved, seconded and approved to accept the October report.
7. Seventh Tradition: The seventh tradition was passed.
8. Committee Reports:
 - A. New Meetings: Gary M. reported that there was no new meeting activity this month.
 - B. Public Outreach: John M. reported that he is still following up with contacts at KROQ and KLOS regarding their willingness to play Nicotine Anonymous public service announcements on the air.
 - C. Hospitals and Institutions: Mary D. was unavailable to attend today's meeting. However, Mary P. reported that we did participate in a panel conducted this month at Cerritos College during their annual health fair. George L. requested that the SCINA Secretary be responsible for purchasing some get well cards and keeping them in reserve for people associated with SCINA that are not well. Gregory B. reported that a volunteer is needed to support a Panel held at Kaiser Hospital on the last Thursday of every month from 11:15am – 12:15pm and requested that any interested individuals contact him for more details. George L. added that there is no panel scheduled for December but that the next panel would be held in January.
 - D. Communications: Mary D. could not attend the meeting so there will be no activity report this month.
 - E. Meeting Directory: Mary B. read John H's Meeting Registrar report. Meeting information changes were posted for 1, 9, 12, 29, 84, 206, 229 and 231. No meetings were added or went dark. Jean L-S has not been able to follow up on the meeting information for Bear Valley yet but indicated that she would look into the matter.
 - F. Literature: Gregory B. is sitting in for Peggy O. and reviewed the monthly literature report for September and October. Joe S. reported that he is no longer able to supply labels for the newcomer packets. Gregory B. will inform Peggy O. so that she can look into the cost of obtaining labels.

- G. **World Services:** Jean L-S reported that she has a few copies of flyers for the 20th World Services Conference in May 2005 in Atlanta and that registration flyers are posted on the SCINA website (www.scina.org). It is very important for SCINA to have strong participation in the event to impact decisions made at a World Services level. The new 90 Days, 90 Ways meditation book is available. Nicotine Anonymous would like to expand the content to publish a volume with 366 meditations but we need additional submissions. Submission forms are posted on the SCINA website. World Services held an officers meeting in New York on October 23, 2004. There will be new literature that will be going to the World Services conference for approval. These publications are "How Nicotine Anonymous Works", revisions to the Serenity Prayer and a new publication entitled "Keep Showing Up" that was written and submitted by the SCINA intergroup. Volunteers are needed to move boxes the first weekend in December. Time/date details are not finalized yet but contact Jean L-S if you can help. It would be helpful if SCINA could locate an archive coordinator for Nicotine Anonymous. Jan F. added that the position would need to go through the boxes and catalogue the archive.
- H. **By Laws:** No report at this time.
- I. **Events:** Tony S. thanked Jan F., Joe S., John N., and George L. for their help with coordinating the Marathon Meeting held on November 20, 2004. The meeting was a big success. Jan F. reported that John N. would be willing to continue hosting the meeting at the church in Fullerton and informed her that we have collected over \$600 in Seventh Tradition donations over the years we have been holding this event. Tony S. reported that the next event is Carry the Message Day and it was agreed that this event would be held on Saturday, January 22, 2005. Mary P. announced on behalf of Mary D. that flyers would be included in the coming months mailing for the Post Holiday Dinner to be held at the Sizzler in Fullerton. This is not a SCINA sponsored event but many different groups in the Southern California area participate every year and we are looking forward to another good turnout this year.
- J. **Action and Responsibility:** George L. reported that he has enough pamphlets remaining for this month's upcoming Department of Corrections outreach panels held on the second and fourth Wednesday of each month at the Elks Hall in Santa Ana. He requested volunteer participation for these events, the Salvation Army meeting on Tuesday evening and the Kaiser panels. Tony S. reported on the status of the Adopt a Meeting Program. This program is designed to touch base with meetings that we haven't heard from in a while to keep them updated on SCINA activities. He will bring in the list to our next SCINA meeting and propose improvements to the program for handling this going forward. George L. indicated that based upon his experiences those meetings outside Los Angeles and Orange counties are those that need the most attention from the Adopt A Meeting Program.
9. **Old Business:** Tony S. provided an update on the subscriptions awarded at the picnic in response to questions posed last month.
10. **New Business:** Jean L-S suggested that we provide information about the Speakers Bureau on the front cover of meeting directories. George L. made a motion to nominate a Speakers Bureau chair to keep information updated and respond to inquiries. Patty A. volunteered to chair this position. The motion was seconded and approved. Joe S. provided flyers outlining recommendations for the business card holder program and also mentioned that the SCINA website has recommended text for communicating about Nicotine Anonymous to outside organizations. George L. made a motion to have everyone bring a small holiday gift to the next meeting. The value of the gift should not exceed \$5. The motion was seconded and approved.
11. **Birthdays:** Two birthdays this month. Happy Birthday to Doug H. with 20 years and Gary M. with 6 years – ☺
12. **Commitments for the Next Meeting:** December commitments: 12th Tradition = Jean L-S; Refreshments = Joe; Meeting Set-up = Gregory B.
13. The meeting adjourned at 11:20am with the Lord's Prayer.

Respectfully submitted Rosemary B., Secretary